



2024-2025 School Year Schedule (08/05/2024 - 05/29/2025)

Updated 01/14/2025

Fall Closures: 11/25-11/29 (Thanksgiving), 12/23-01/03 (Christmas). **Spring Closures:** 04/14-04/18 (Easter)
Special Events: Performance Week 12/16-12/19; Winter Parties - 12/30 & 01/02

Your volunteer time and tax-deductible donations are always appreciated!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
(closed)	8:30-9:15 am Blue (ages 3-5)	(closed)	8:30-9:15 am Baby-Blue (ages 1-3, w/ parent)
	8:30-9:15 am Blue (ages 3-5)		9:30-10:15 am Baby-Blue (ages 1-3, w/ parent)
	(closed)		10:30-11:15 am Blue (ages 3-5)
	(closed)		(closed)
2:00-2:45 pm Blue (ages 3-5)	2:00-2:45 pm Blue (ages 3-5)	2:00-3:00 pm Purple (skill requirement)	1:45-2:45 pm Blue (ages 6-12)
3:00-4:00 pm Purple (skill requirement)	3:00-4:00 pm Blue (ages 6-12)	3:15-4:15 pm Blue (ages 6-12)	3:00-4:00 pm Purple (skill requirement)
4:15-5:15 pm Blue (ages 6-12)	4:15-5:45 pm Bronze/Silver/Gold (skill requirement)	4:30-5:15 pm Blue (ages 3-5)	4:15-5:45 pm Bronze/Silver/Gold (skill requirement)
5:30-7:00 pm Bronze/Silver/Gold (skill requirement)	6:00-7:00 pm Purple (skill requirement)	5:30-7:00 pm Bronze/Silver/Gold (skill requirement)	5:45-6:15 pm BSG C&C (skill req.)
7:00-7:30 pm BSG C&C (skill req.)	(closed)	7:00-7:30 pm BSG C&C (skill req.)	(closed)



Class Details

Class Types

iFlip Classes include skills and drills for bars, beam, floor, and vault using a variety of equipment. These are the iGYM favorite and includes the vast majority of our class offerings.
iTeach trains potential volunteer teens/adults in basic skills, drills, and spotting techniques. By appointment.
Private or Semi-private Lessons are available for students that want one-on-one instruction to meet a particular goal. By appointment with coach/teacher of your choice to discuss their fees and availability.

Class Levels

Baby-Blue: These classes are a little less structured for our youngest students to enjoy with parent guidance.
Blue classes are where so many foundational skills are taught. These classes are divided by age. "If you're new, go Blue!"
Purple classes have skill requirements and include more dance elements. An intro to learning choreographed routines is given each winter.
Bronze/Silver/Gold includes competition level skills & individualized routines with more performance opportunities.
BSG C&C (Choreography & Conditioning) time is dedicated to refining routines & increasing strength/flexibility.

Fee Schedule

(updated 12/1/24)

Annual Insurance Fee

\$35 per student

Monthly Tuition, per Student

Class Length	Drop-in	Monthly
30 minutes	\$7	\$25
45 minutes	\$10	\$35
60 minutes	\$15	\$50
90 minutes	\$20	\$65

First class with us is always free!

Monthly Tuition Discounts

Classes per Family	Discount
1st class	\$0
2nd class	\$10
3rd class	\$15
4th+ class(es)	\$20

Volunteer Opportunities

Almost all of our coaches/teachers are volunteers. Volunteers can earn discounts on tuition, give back to the community, and have fun being active! Talk to us if interested. :)
--

Contact Info

igymredding.org

igymredding@gmail.com 802-iGYM-011

9050B Deschutes Road; Palo Cedro, CA 96073