



2025-2026 School Year Schedule (08/01/2025 - 05/31/2026)

Updated 09/26/2025

Fall Closures: 11/23-11/27 (Thanksgiving), 12/22-01/01 (Christmas). **Spring Closures:** 04/06-04/09 (Easter)
Performance Week: 12/15-12/18; **Winter Parties:** 12/29 & 12/30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	9:00 - 9:45 am Blue (ages 2.5-4), w/ parent)		9:00 - 9:35/45 am Baby-Blue (ages 1-3, w/ parent)
	10:00 am - 10:45 am Blue (ages 3-5)		10:00 - 10:35/45 am Baby-Blue (ages 1-3, w/ parent)
			11:00 am - 11:45 am Blue (ages 3-5)
			12:00 - 1:10 pm iPlay; details here: https://www.igymredding.org/events
1:20 - 2:05 pm Blue (ages 3-5)	1:20 - 2:20 pm Blue (ages 5+, beam independent)	1:20 - 2:20 pm Purple (skill requirement)	1:20 - 2:05 pm Blue (ages 3-5)
2:10 - 3:10 pm Blue (ages 6-12, beam independent)	2:25 - 3:10 pm Blue (ages 4.5-6, beam independent)	2:25 - 3:10 pm Blue (ages 3-5)	2:10 - 3:10 pm Purple (skill requirement)
3:15 - 4:15 pm Purple (skill requirement)	3:15 - 4:15 pm Purple (skill requirement)	3:15 - 4:15 pm Blue (ages 6-12, beam independent)	3:15 - 4:15 pm Blue (ages 6-12, beam independent)
4:20-5:50 pm Bronze/Silver/Gold (skill requirement)	4:20-5:50 pm Bronze/Silver/Gold (skill requirement)	4:20 - 5:05 pm Blue (ages 4.5-6, beam independent)	4:20-5:50 pm Bronze/Silver/Gold (skill requirement)
5:50 - 6:20 pm BSG C&C (skill req.)	5:50 - 6:20 pm BSG C&C (skill req.)		5:50 - 6:20 pm BSG C&C (skill req.)



Class Details

(updated 9/1/25)

Class Types

Our **Classes** include skills and drills for bars, beam, floor, and vault using a variety of equipment. We aim to keep class positive, engaging, safe, and fun!

Private Lessons are available for students that want one-on-one instruction to meet a particular goal. Cost for one student is \$30 per 30 minute lesson. Additional participants can join the Lesson for \$5 each. Fee is due at the time the Lesson appointment is made. Due to the popularity of our Classes, Private Lessons are typically only available during our lighter summer months and/or holiday closures.

Class Levels

Baby-Blue: These classes are less structured for our youngest students to enjoy with parent guidance.

Blue classes are where so many foundational skills are taught. These classes are divided by age; the only skill requirement is independence on the balance beam for the older classes. **"If you're new, go Blue!"**

Purple classes have skill requirements and include more dance elements. An intro to learning choreographed routines is given each fall semester.

Bronze/Silver/Gold includes competition level skills & individualized routines with more performance opportunities.

BSG C&C (Choreography & Conditioning) time is dedicated to refining routines & increasing strength/flexibility.

Fee Schedule

(effective 6/1/25)

Annual Insurance Fee

\$35 per student

Monthly Tuition, per Student

Class Length	Drop-in Rates: Visitors & Prorations	Monthly Tuition: Weekly Classes
30-35 minutes	\$10	\$30-35
45 minutes	\$15	\$45
55-60 minutes	\$20	\$60
90 minutes	\$25	\$75

First class with us is always free!

Monthly Tuition Discounts*

Classes per Family	Discount
1st class	\$0
2nd class	\$10
3rd class	\$15
4th+ class(es)	\$20

***Not applicable to Charter School agreements**

Volunteer Opportunities

Almost all of our coaches/teachers are volunteers. Volunteers can earn discounts on tuition, give back to the community, and have fun being active! Please talk to us if you're interested. :)

Contact Info

Online: igymredding.org

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Call/Text: 802-iGYM-011

In person: 9050 B Deschutes Road; Palo Cedro, CA